

Student Health Advisory Council (SHAC)

February 3rd, 2023

1:30-2:30pm

Agenda

Walter J. Hawrys Recreation Center - Multipurpose Room

Meeting Minutes

Attendance

Kerri Mahoney (Assistant Director, CPO)
Shuo Zhang (CPO Peer educator)
Michelle Li (CPO Peer educator)
Devin Zhang (CPO Peer educator)
Ryan Marquez (Self Selected)
Noel Lopez (Recreation and Wellness Student Representative)
Joe Bisiani (USG)
Julia Brown (Graduate Student Organization, Student)
Samina Khondaker (CPO Peer Educator)
Rob Alpi (MarCom Coordinator, SHWPS)
Daniella Benitez (Administrative Assistant, CAPS)
Karen Dybus (SHS)
Marisa Bisiani (AVP, SHWPS)
Smita Mujamdar Das (Executive Director Behavioral Health, CAPS)
Marie Turchiano (Director RAW, Interim Director, CPO)
Samantha Warren (Health Promotion Specialist, CPO)
Rachel Pincus (Graduate Student, Self Selected)

1. Introduction of New Members
2. Approval of 12/2 [Meeting Minutes](#)
 - a. Meeting Minutes Approved

[Slides from Presentation](#)

3. Presentation of updates and goals from Student Health Services (Karen Dybus)
 - a. Covid Updates: Campus response team is still available for students
 - b. Testing is still required for HSC Students
 - c. Student Support Team should be used for students to alert professors and faculty
 - d. MonkeyPox vaccine is still available for students 1st or 2nd dose

- e. Karen introduced the PrEP program and STI testing available at SHS

Question: What is the Policy on the MonkeyPox vaccine? Who is eligible?

Answer: It is a narrow group but is opening, the majority of students who came to get it were able to receive the vaccine. Students are welcome to call or come to SHS to find out if they are eligible.

4. Presentation of updates and goals from Counseling and Psychological Services (Dr. Smita Majumdar Das)
 - a. Review of services offered through CAPS with a highlight on Case management services and Crisis management services
 - b. Description and rationalization of 12 session model
 - c. Overview of current CAPS staff, highlighted 5,800 sessions from 8 counselors
 - d. Introduction of Future Plans for the CAPS team including same day interventions, increase in group sessions, PODS for telehealth visits, and helping students utilize other mental health services on campus

Question: What is the time frame for the introduction of the Pods?

Answer: Hopefully within 2-3 months, starting with 3 and then will incorporate student feedback for additional pods and spaces

5. Presentation of updates and goals from Center for Prevention and Outreach (Kerri Mahoney)
 - a. CPO Bystander trainings and workshop series student engagement
 - b. Meaningful Fun activities including Wellness Bar and Healing arts events
 - c. New events and traditions including SoberFest
 - d. Overview of Health product utilization by students, over 6000 safer sex kits, 1300 Menstrual Hygiene Kits, 606 First Aid kits, 697 Flu Kits and 124 Deterra Drug deactivation bags
 - e. 2,482 Unique Students served at trainings, workshops and meaningful fun events
 - f. Additional Services including the Survivor Advocate, Educational tabling, awareness walks and classroom presentations.
6. Presentation of TimelyCare Updates - (Dr. Marisa Bisiani)
 - a. Reminder and overview of services offered through TimelyCare
 - b. Overview of utilization rates, 76% female, 52% Scheduled Counseling

- c. About 900 students are using the services, 2500-3000 visits
 - d. Wednesday and Thursday have the highest number of visits
 - e. Mental Health utilization, most students are seeking counseling for anxiety and stress
7. Update on SHWPS Posted Positions - (Dr. Marisa Bisiani)
- a. CPO Director Position is posted and open
 - b. CAPS has backfilled 3 counselor positions
8. Patient Appreciation Week- (Rob Alpi)
- a. Rob introduced the First Annual Patient Appreciation Week to say thank you to students for trusting SHS and CAPS for services and providing feedback
 - b. What would students want to see in the future? Stickers, more marketing in the lead up to the event, tiktoks for SHS, maybe do 2 weeks next year
9. Upcoming Meetings
- a. March 3rd 1:30-2:30pm
 - b. April 7th 1:30-2:30pm
 - c. May 5th 1:30-2:30pm
10. Open Agenda
- USG Mental Health Gala is coming up on March 29th