**Recreation and Wellness Advisory Board Meeting Minutes**

**Friday, February 8, 2019 12:00pm – 1:00 pm**

**Attendees:** Jay Souza (Committee Chair), Marie Turchiano (RAW), Marlene Kasman (RAW), Durron Newman (RAW), Laura Fitzgerald (RAW), Thomas St. John (RAW), Kate Valerio (RAW),Leslie Boyce (RAW), Travis Li (RAW), Jennifer Yang (Club Sports), Michael Cochrane (Intramurals), Justas Lauzadis (Graduate Students), Yuanynan Yang (Student Org.), Yukihiro Kitagama (SHAC), Haoyuan Qu (International Students), Kimberly Deodat (Student Employee), Mona Ramonetti (Library)

1. **Welcome:** Jay welcomed everyone to the first Recreation and Wellness Advisory Board meeting of the Spring 2019 semester and explained that the purpose of the advisory board was to bring any comments, questions and feedback to the board from the individuals and their constituents. Introductions were made around the room.
2. **Winter Work (Leslie)**

* The showerheads in the family changing rooms were relocated to avoid flooding in the hallway.
* The wood flooring on the wood courts, the weight platforms and the Spin Studio were refinished.
* South P – We previously had two grass fields and one turf field. We now have 6 additional fields plus the clubhouse which was previously maintained by Three Village Soccer. Currently working on the plans to add lighting to the fields, fix up the building, and rehabilitate the fields to make it the best experience for our athletes.

**3) Fee Discussion (Jay)**

The 5% increase to the undergraduate students’ broad based fee for Recreation and Wellness that was voted upon and approved at the October meeting was submitted to Administration. In approximately two weeks, the administration will meet with all of the Directors whose departments receive a broad based fee and will advise on the increase that they are proposing to SUNY.

**4) Recreation Updates**

**a. Challenge Course (Marie)**

* Clubs have started booking for the Spring.

**b. Facility and Pool (Leslie)**

* New ventilation is being added to the shower areas in both the men’s and women’s shower areas.
* We purchased 6 new pieces of equipment which produce energy when you are working out and that energy is added back to the grid. This can be seen on a TV monitor.
* Pool – Level one swim lessons began with 37 of the 40 spots sold. Level two begins next month.

**c. Club Sports (Tom)**

* March 5th SBU Club sports is hosting the 5th annual Long Island Basketball Tournament
* Seven clubs are travelling this weekend

**d. Marketing and Student Staff (Durron)**

* Started Fit Goals Selfie Challenge Campaign

**e. Fitness (Laura)**

* 53 Spring fitness classes started this week.
* Hosting Yoga certification and Barre certification classes
* Starting Personal Training and Group fitness certification classes which upon completion and receiving a passing grade, allows the student to be a group fitness instructor or personal trainer at the Recreation and Wellness Center.

**f. Health Education (Kate)**

* Collaborating with GSO to increase the menstrual hygiene program
* Adding the Gardasil Vaccine to the available services in the Wellness Room. This vaccine is covered under many health insurance plans.

**g. Intramurals (Travis)**

* Spring Intramurals begin on March 11th. Offering Basketball, Dodgeball and Innertube water polo. 30 basketball teams, 25 dodgeball teams and 6 water polo teams have registered.
* A mandatory three day training took place for officials.

**Additional information: (Jay)**

* On January 1st, minimum wage went up to $12/hr. Student employment is our largest budget line.
* Wellness Challenge is launching on 2/25/19 and will run until 4/8/19. Challenge provides incentives to work out, attend fitness classes and participate at specific named events on campus. Top winners receive a choice of headphones, a fitbit or a membership to the Recreation Center (for those that currently have to pay for membership). There will be 1000 spots available. Students get first preference.
* The department has added a new position, Assistant Director of Marketing and Membership. The interview process has been completed. One of this person’s responsibilities will be to generate revenue via sponsorship and rentals.

**5. Comments/Suggestions/Feedback**

**Comment:**

Compliment on the new treadmills with the larger screens.

Compliment on the new wall art on the second floor. Jay informed the group that he is currently working on a motivational wall when you first walk in on the first floor.

Compliment on social media. Student said it is always updated with new information.

Kate commented that “We Chat” which is a social media group used primarily by international students has been highly effective in getting information out, thanks to the Health Education promotion team. In the first week back at school, 58 tests were administered by LIACC.

**Next Meeting is Friday, February 8, 2019 12pm - 1pm in Room 125**